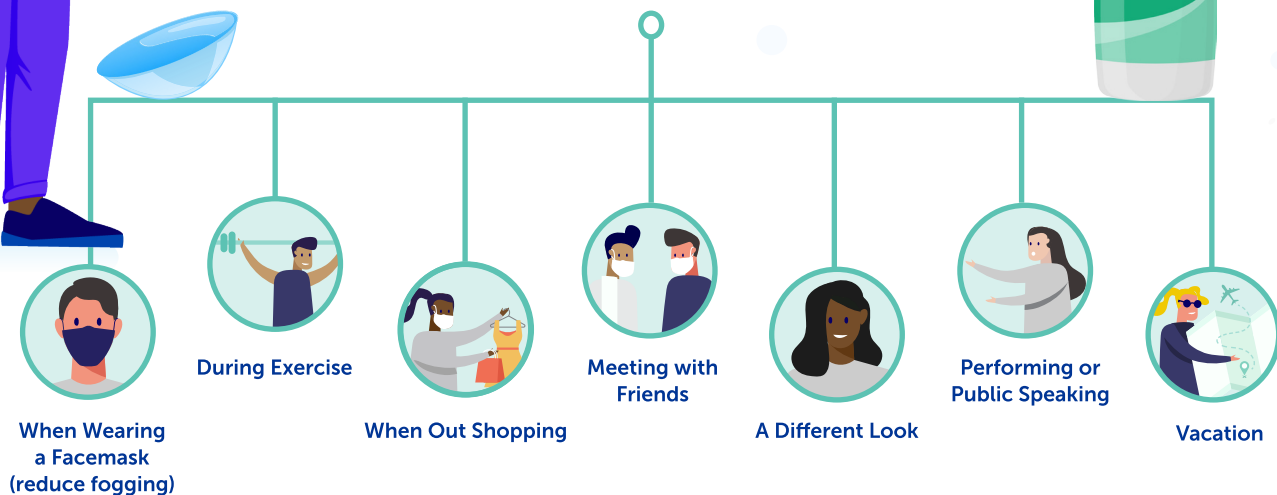


# The Easiest Choice You Will Make This Year!

Life has been a little unpredictable recently – your work, social and sporting activities may have changed. Add some flexibility in how you see by giving yourself the choice of contact lenses or glasses/spectacles each day.



## Give Yourself an Option: Consider Contact Lenses for These Activities



## The Right Time to Start

**Just follow the simple hygiene tips from your eye care professional to get the most out of your lens wearing experience.**

Your eye care professional has never been more focused on patient safety. Expect them and their team to chat with you before you even attend your appointment. They will take all the necessary steps in practice to keep your eyesight in peak condition.

Please refer to your local authoritative professional body for guidance.



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