HOW MUCH WASTE

DOES CONTACT LENS WEAR GENERATE





Contact lens waste makes up only ~ 0.2 - 0.5% of typical household waste.^{2,3,4}



Full-time wear of daily disposable contact lenses generates ~1.1kg waste per year.²





Full-time use of reusable contact lenses generates ~0.9kg waste per year.²





Total annual generated CL waste is small compared to other lifestyle habits. ^{2,3}

Bottled water generates



more annual waste than wearing contact lenses.³

When worn 3-4 times a week, daily disposable and reusable modalities generate similar amounts of contact lens waste.²





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