

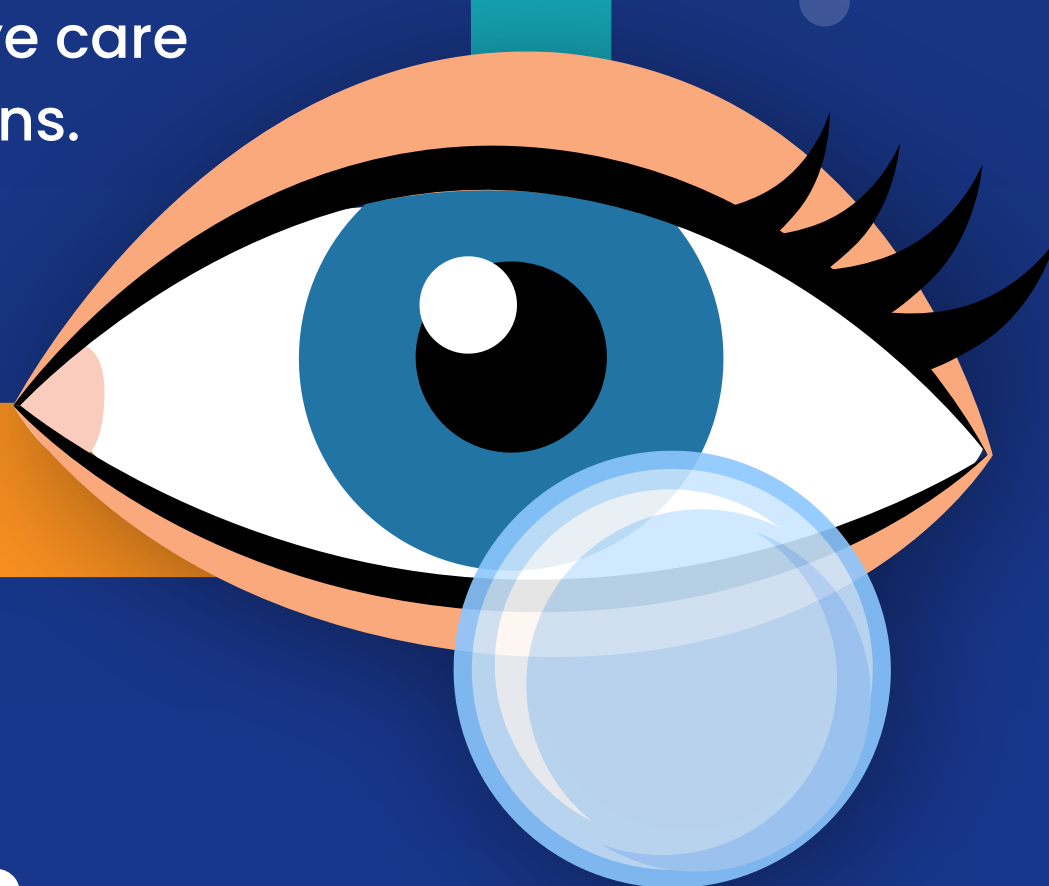
# Contact Lens Wear and Coronavirus

## 5 Facts You Need to Know During the COVID-19 Pandemic

The results of a new scientific review by five prominent ocular researchers provide clear advice for contact lens wearers.<sup>1</sup>

### #1 You Can Keep Wearing Your Contact Lenses

There is currently **no scientific evidence** that contact lens wearers have an increased risk of contracting COVID-19 compared with glasses wearers. Consult your eye care practitioner with questions.



### #2 Good Hygiene Habits are Critical

Thorough **handwashing and drying** are essential, as well as **properly wearing and caring for contact lenses**, ensuring good contact lens case hygiene, and regularly cleaning glasses with soap and water. These habits can help you stay healthy and out of your doctor's office or hospital.



## # 2



## # 3

### Regular Glasses Do Not Provide Protection

**No scientific evidence** supports rumors that everyday glasses offer protection against COVID-19, a position supported by the U.S. Centers for Disease Control and Prevention (CDC).



### #4 Keep Unwashed Hands Away from Your Face

Whether you wear contact lenses, glasses or require no vision correction at all, **avoid touching your nose, mouth and eyes with unwashed hands**, consistent with World Health Organization (WHO) and CDC recommendations.



## # 4

## # 5

### If You Are Sick, Temporarily Stop

Contact lens wearers who are ill should **temporarily revert to wearing glasses**. You can resume use with fresh, new contact lenses and lens cases once you return to full health.



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Learn More:  
[COVIDEyeFacts.org](https://COVIDEyeFacts.org)

1. Jones L, Walsh K et al. The COVID-19 pandemic: Important considerations for contact lens practitioners. Contact Lens Anterior Eye. 2020. In press. <https://doi.org/10.1016/j.clae.2020.03.012>